

Medium Dishes

(Cooked with vegetables & fruits)

Chicken Rogon	£9.75
Chicken Sag (Chicken & Spinach)	£9.75
Sag Gosht (Lamb & Spinach)	£9.95
Rogon Gosht (Lamb & Tomatoes)	£9.95
Sag Prawn	£9.95
Chicken Mushroom	£9.75
Lamb Mushroom	£9.95
Prawn Mushroom	£10.95
Ceylon Chicken (with coconut hot)	£7.50
Ceylon Lamb (with coconut hot)	£9.95
Bombay Chicken (Hot)	£9.75
(with egg, tomatoes & potatoes)	
Bombay Lamb	£9.95
(with egg, tomatoes & potatoes)	
Dal Gosht (with lentils)	£9.95
Methi Gosht (with methi spices)	£9.95
Keema Peas (Minced meat & spices)	£9.95



SUNDRIES

Popadoms	£1.00
Popadoms Masala	£1.00
Boiled Rice (steamed rice)	£3.50
Pulao Rice (basmati rice with saffron)	£3.75
Vegetable or Mushroom rice	£4.25
Mixed Basmati rice	£4.25
Fried with mushrooms, peas, onions and butter	
Egg fried rice	£4.25
Chana rice	£4.25
Rice cooked with chick peas, spinach & lemon sauce	
Keema rice	£4.50
Naan	£3.25
Unleavened tandoori bread	
Garlic Naan Stuffed with garlic	£3.50
Keema Naan Stuffed with mince meat	£3.75
Peshwari Naan Sweetened with almonds (N)	£3.50
Chicken Tikka Naan	£3.75
Tandoori Roti Dry thick bread	£3.00
Cheese Naan Stuffed with cheese	£3.75
Paratha	£3.25
Stuffed Paratha Stuffed with vegetables	£3.75
Egg Paratha	£3.75
Chapati	£2.25
Puree	£1.75
Plain Yoghurt	£2.95
Cucumber or Onion Raita	£2.95



We accept all major credit cards



The management has the right to refuse any service without any explanation.

Since 1981

Pubali Tandoori

Authentic Indian & Bangladeshi Cuisine

FREE!
DELIVERY
ON ORDERS
OVER £15.00

WITHIN 3 MILE RADIUS

For Reservations please call:

01707 655 272
01707 654 353

Open 7 Days a week
Including Bank Holiday
12:00noon-2:30pm & 6:00pm-11:00pm

SIDE DISHES (V)

£5.50 each

Brinjal Bhaji (Aubergine)
Mutor or Sag Paneer (N)
Uri Bhaji (Fresh beans)
Sag Bhaji (Spinach)
Mushroom Bhaji
Fresh Cauliflower Bhaji
Fresh Bhindi Bhaji (Okra)
Courgette Bhaji
Broccoli Bhaji
Chana Masala (Chick peas)
Mixed Vegetable Curry
Aloo Gobi (Potato & Cauliflower)
Tarka Dhal (with fried garlic)
Dhal Masala (Lentils)
Mixed Dry Vegetable
Bombay Aloo Hot
Sag Aloo (Spinach & potatoes)
Choice of pickle (Mango, lime or chilli)
Onion Salad

Each £1.25

£2.50

ALLERGY AWARENESS:

Some of our dishes may contain nuts or dairy products, if you suffer from allergy, then please enquire when ordering

If you require a dish that does not appear on this menu, please let us know and we will be happy to prepare it for you.

90 HIGH STREET, POTTERS BAR, HERTFORDSHIRE, EN6 5AT

www.pubalitandoori.com

STARTERS

Chicken Pakoras	<u>£5.50</u>
Chicken Tikka	<u>£5.50</u>
Lamb Tikka	<u>£6.50</u>
Tandoori Chicken	<u>£4.95</u>
Tandoori King Prawn	<u>£6.95</u>
Lamb Samsa	£5.00
Vegetable Samsa (V)	£3.00
Chicken Chaat	£4.95
Aloo Chaat (V)	£4.25
Onion Bhaji (V)	£4.25
Chicken Sheesh Kebab	£5.25
Sheekh Kebab	£5.25
Mixed Kebab	£6.50
King Prawn Butterly	£7.00
Prawn Puree	£5.95
King Prawn Puree	£7.95
Reshmi Kebab	<u>£6.25</u>



TANDOORI DISHES

(Cooked in a clay oven, the grill of the eastern palaces)

Tandoori Chicken Full	£16.95
<i>Spring chicken marinated in herbs & selected Indian spices & roasted in a clay oven. Served with salad</i>	
Tandoori Chicken Half	<u>£9.75</u>
Chicken Tikka	£9.95
<i>Pieces of spring chicken (off the bone) lightly spiced & cooked in a tandoori clay oven. Served with salad.</i>	
Lamb Tikka	£9.95
<i>Pieces of lamb marinated with yoghurt and spice And grilled in a tandoori clay oven. Served with salad</i>	
Tandoori King Prawn	<u>£15.95</u>
Tandoori Mixed Grill	<u>£15.50</u>
<i>Tandoori chicken, chicken tikka, sheekh kebab and lamb tikka. Served with salad.</i>	
Shashlik Chicken	<u>£12.95</u>
<i>Pieces of spring chicken cooked in a clay oven with roasted tomato, capsicum and onion. Served with salad.</i>	
Shashlik Lamb	<u>£13.95</u>
<i>Pieces of lamb cooked in a clay oven with roasted tomato, capsicum and onion. Served with salad.</i>	

KEY

= Hot **V**=Vegetable **N**=Nut

PLEASE NOTE

(If you have any food allergies, please notify a member of staff)

HOUSE SPECIALTIES

(Recommended)

Vegetable Thali (V)	£17.50
<i>Served with vegetable curry, cauliflower bhaji, bhindi bhaji, tarka dhal, pulao rice and naan.</i>	
Non-Vegetable Thali	£18.50
<i>Served with tandoori chicken, bhuna meat, brinjal bhaji, chicken tikka, pulao rice and naan.</i>	
Korai Meat	£8.95
<i>Medium dry, heavily spiced</i>	
Korai Chicken	£9.75
<i>Medium dry, heavily spiced</i>	
Buttered Chicken (N)	£9.75
Meat Pasanda (N)	£9.95
<i>Mild with fresh spices and cooked in wine. Rice not included.</i>	
Chicken Pasanda (N)	£9.95
<i>Mild with fresh spices and cooked in wine. Rice not included.</i>	
Chicken Shashlik Masala (N)	£9.95
Chicken Jeera	£9.50
<i>Chicken marinated in black pepper and mustard seed</i>	
Meat Jalfrezi	£9.95
<i>Dry and hot heavily spiced with green chillies</i>	
Chicken Jalfrezi	£9.95
<i>Dry and hot heavily spiced with green chillies</i>	
King Prawn Jalfrezi	£14.95
Chicken Tikka Bhuna	£9.95
Garlic Meat	£10.95
<i>Cooked in garlic & fresh green chilli, fairly hot</i>	
Garlic Chicken	£9.95
<i>Cooked in garlic & fresh green chilli, fairly hot</i>	
Garlic King Prawn	£14.95
Lamb Chana	£10.95
<i>Cooked with fresh ginger, spring onion and chick peas</i>	
Chicken Chana	£9.95
<i>Cooked with fresh ginger, spring onion and chick peas</i>	
Shatkora Chicken	£9.50
<i>Medium hot with fresh lime pieces</i>	
Tok Gohst	£10.50
<i>Lamb cooked in a tamarind and rosemary sauce</i>	
King Prawn Butterly Masala (N)	£16.95



SPECIAL BENGALI FISH DISHES

Fish Chilli Masala (Hot)	<u>£12.95</u>
Fish Bhuna (Medium Hot)	<u>£12.95</u>
Fish Dupiaza	<u>£12.95</u>



TANDOORI BIRYANI

(Cooked with rice and served with a vegetable curry)

Chicken Tikka	£12.95
Lamb Tikka	£13.95
Tandoori King Prawn	£16.95

PLAIN BIRYANI

(Cooked with rice and served with vegetable curry) *Mushrooms £1 extra

Chicken	£9.95
Lamb	£10.50
Prawn	£10.95
King Prawn	£14.95
Vegetable (V)	£9.95
Mushroom (V)	£9.95

MASALA

(Specially cooked in tandoori sauce)

Chicken Tikka (N)	£9.95
Lamb Tikka (N)	£11.95
Tandoori King Prawn (N)	£15.95
Vegetable Masala (V)(N)	£8.95



BALTI DISHES

(Served choice of rice or naan bread)

Balti Meat	£13.95
<i>Medium hot cooked with variety of spices such as coriander, cardamom, ginger, garam masala, fennel and cumin. Served in metal bucket</i>	
Balti Chicken	£13.95
<i>Medium hot cooked with variety of spices such as coriander, cardamom, ginger, garam masala, fennel and cumin. Served in metal bucket</i>	
Balti King Prawn	£17.50
<i>Medium hot cooked with variety of spices such as coriander, cardamom, ginger, garam masala, fennel and cumin. Served in metal bucket</i>	
Balti Tikka Masala (Chicken) (N)	£13.95

MILD CURRY DISHES

(Cooked with coconut and cream)

Chicken Korma (N)	£9.50
Lamb Korma (N)	£9.95
Prawn Korma (N)	£9.95
Vegetable Korma (V)(N)	£8.50
King Prawn Korma (N)	£13.95
Kashmir Chicken (with lychee) (N)	£8.95
Kashmir Lamb (with lychee)(N)	£9.95
Chicken Malaya (with pineapple) (N)	£8.95
Lamb Malaya (with pineapple) (N)	£9.95



MADRAS DISHES (fairly hot)

Chicken Madras	£9.95
Lamb Madras	£9.95
Prawn Madras	£10.95
King Prawn Madras	£13.95

VINDALOO DISHES (Very hot)

Chicken Vindaloo	£9.95
Lamb Vindaloo	£9.95
Prawn Vindaloo	£10.75
King Prawn Vindaloo	£13.95

DUPIAZA DISHES (Medium)

(Cooked with chopped onion and thick gravy)

Chicken Dupiaza	£9.95
Lamb Dupiaza	£9.95
Prawn Dupiaza	£10.75
King Prawn Dupiaza	£13.95
Vegetable Dupiaza (V)	£8.95

BHUNA DISHES (Medium)

(Cooked with fresh spices and thick gravy)

Chicken Bhuna	£9.95
Lamb Bhuna	£9.95
Prawn Bhuna	£10.75
King Prawn Bhuna	£13.95
Vegetable Bhuna (V)	£8.95

DHANSAK DISHES (Hot, sweet and sour)

(Cooked with lentils and served with rice)

Chicken Tikka Dhansak/Pathia	£13.95
Chicken Dhansak	£12.95
Lamb Dhansak	£13.50
Prawn Dhansak	£12.95
King Prawn Dhansak	£15.95
Chicken Pathia	£11.95
Prawn Pathia (hot)	£12.95
King Prawn Pathia (hot)	£16.95
Vegetable Dhansak (V)	£9.95

